

CARERS GROUP
FRAMPTON
COTTERELL

Are you looking after a friend or relative? Would you like to meet other carers? The group meets to provide support and a short break for people caring for others.

Supported by South Gloucestershire Council

Meets in the Frome Valley Medical Centre

Last Friday of each Month

1-3pm

Support

**Activities** 

Refreshments

CONTACT

**BRUCE WHITEAR** 

bruce@bwc.wales

074545 13040